

# A Message to Our Patients: **Prior Authorizations**

**We understand** that delays in getting necessary medical care or medication can be upsetting. Most of these delays are due to something called prior authorization.



Prior authorization is a process required by your health insurer. Almost all health insurers, including Medicare Advantage insurers, require your physician to obtain a prior authorization or approval from the health insurer before moving ahead with your treatment, procedure, or medication.

**Sometimes, it takes a long time for your insurer to approve our prior authorization request. Sometimes, your insurer will deny our prior authorization request for reasons that we do not understand.**



**Prior authorizations are frustrating** for both patients and physicians and often delay access to needed medical care and prescription medications.

**Your physicians are working with the Connecticut State Medical Society to pass laws in Connecticut that would limit the delays in your medical care caused by prior authorizations.**

## ***YOU CAN HELP US!***

Do you have a story to tell about how waiting for your health insurer to give a prior authorization delayed your medical care or prescription medication and caused your medical condition to get worse? Tell us about it! Send an email or even a short video with your story to [\*\*priorauthstories@gmail.com\*\*](mailto:priorauthstories@gmail.com).



**As physicians, we understand** that access to timely medical care and medication is very important for your health and well-being. Your stories will help us show the harmful effects that prior authorizations have on your healthcare.

***Thank you for your help!***

A message from your physician and the

